



THE “MOTHER OF UNITY” was born Mary Caroline Page but became known as Myrtle, a nickname given by her father. She was an educated woman, school teacher, wife and mother who from a young age suffered with tuberculosis which was considered incurable. “I was once an emaciated little woman, upon whom relatives and doctors had placed the stamp T.B. I had all the ills of mind and body that I could bear. Medicine and doctors ceased to give me relief and I was in despair.”

“We kept looking for the way out, which we felt sure would be revealed. It was! The light of God revealed to us – the thought came to me first – that life was of God, that we were inseparable one with the Source and that we inherited from the divine the perfect Father. What that revelation did to me at first was not apparent to the senses. But it held my mind above negation, and I began to claim my birthright and to act as though I believed myself the child of God, filled with His life.”

Apparently the light of God in her was sparked when she heard the words of Dr. E. B. Weeks from Emma Curtis Hopkins’ metaphysical school in Chicago. “It was at the solicitation of friends, already interested, that my husband and I attended the first class (in Kansas City.) I must have been fully ready for the initial lesson, for it filled and satisfied all empty, hungry longings of my soul and heart....The physical claims that had been considered such a serious nature faded away before the dawning of this new consciousness, and I found that my body temple had been literally transformed through the renewing of my mind.”

One component of her healing experience was forgiveness. “I went to all the life centers in my body and spoke words of Truth to them – words of strength and power. I asked their forgiveness for the foolish, ignorant course that I had pursued in the past when I condemned them and called them weak, inefficient and diseased. I did not become discouraged at their being slow to wake up, but kept right on, both silently and aloud, declaring the words of Truth, until the organs responded.”

Another component was forgiveness of herself for past judgments of others. She wrote, “I had always reserved the right in the privacy of my own mind to judge if certain persons lives accorded well with their professions. It is the hardest to overcome of all the errors I am trying to outgrow – to withhold judgment.”

In less than two years Myrtle experienced physical healing and this had an impact on the Fillmore family, friends and others around them. Praying with others became a large part of her daily life for years to follow and this continues to be the foundation of the 24 hour prayer ministry of Silent Unity.*

Myrtle began to expand her focus to include spiritual awakening. She wrote, “At that time healing seemed the most important thing in my life to me. I loved seeing folks get well and happy. I do yet, but I have learned that the spiritual awakening and the daily development of Christ powers are more important. The soul must be awakened and brought to a realization of the Truth, and encouraged in the righteous use of all the God-given faculties and power. The individual must be helped to unify his spirit, soul, and body in harmonious spiritual living here and now.”

Unity was born out of Myrtle Fillmore’s understanding of and her use of spiritual principle in her life. Thank you Myrtle Fillmore!

(More about Myrtle Fillmore, co-founder of Unity, can be found in the book How to Let God Help You. Copies are available in Unity of Tucson’s bookstore and lending library.

*Silent Unity, 800.669.7729 or www.unityonline.org.

SUNDAY SERVICE: 10 am

BOOKSTORE OPEN: 9 am - 10 am & 11 am - Noon

Refreshments served before and after service in Harmony Hall.

UNITY OF TUCSON'S ART EXHIBIT FEATURES

STUDENT ART



THE MAY ART SHOW in the foyer features student art from four local high schools: Canyon del Oro, University, Ironwood Ridge and Pueblo High School. These students were recent winners in a scholarship competition sponsored by the Southern Arizona Watercolor Guild. Their artwork features the use of acrylic, watercolor, oil, charcoal, pen and ink, colored pencil and mixed media. The students will be attending colleges as close as Pima Community College and the University of Arizona and as far away as Pratt Institute in New York City, and the Savannah College of Art. Their artwork was judged on the basis of visual impact, design and composition, creativity and originality, technical skill and presentation.

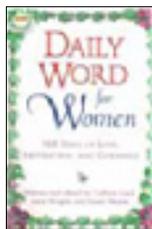


MARK ANTHONY, the Psychic Lawyer is again scheduled to be here on June 7th (Tuesday) at 7 pm.

Larry says that Mark is the "Real Deal." His receptivity to those who have made their transition is amazing. \$35 at the door.

MAY BOOKSTORE HIGHLIGHTS

Daily Word for Women written and edited by Colleen



Zuck, Janie Wright and Elaine Meyer provides the reader with "365 Days of Love, Inspiration, and Guidance." This book encourages and inspires women every day of the year through prayers, messages and essays.

Beloved authors, Jack Canfield, Mark Victor Hansen and Amy Newark, have compiled 101 Stories about Friendship for Women of all Ages entitled *Just Us Girls*. You will read about friendships begun in childhood or more recently that have been formed as they love and support one another.



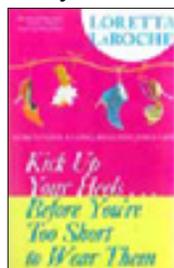
If you feel "stuck" in your life and the demands upon you as a woman, *Simply . . . Woman!* by Crystal Andrus, encompasses all areas of a woman's life including dealing with life's daily demands, health, and weight loss. The book also includes a free workout DVD.



Goddesses Never Age by Christiane Northrup, M.D. provides the reader with "The prescription for radiance, vitality and well-being." Blending personal stories, practical exercises and current health research in order to teach us to lead happy, fulfilling and ageless lives.



Do you, as a woman, want to live a richer more passionate life? Loretta La Roche author of *Kick Up Your Heels...Before You're Too Short to Wear Them* provides us with the steps to "live a long, healthy, juicy life." Practical advice to increase our wisdom and spirituality.



Elizabeth Gilbert's *Big Magic: Creative Living Beyond Fear* inspires us to live a more creative and insightful life. Through gaining more confidence and courage, she tells us, we can live more magical, creative and artistic lives. Gilbert is also the author of *Eat Pray Love*.



UNITICS ADVENTURES

& OTHER ACTIVITIES

APRIL 2016

For more information call 488.8284 or email:

Unitics@q.com

Molly Nelson, Unitics Coordinator.

WE ARE STARTING the month of May not with a Maypole, but with one of Ed Savard's interesting and highly entertaining lectures. The subject is: *The Post Mortems of Mere Mortals*. He will explore the health and deaths of Anne Boleyn, Napoleon I, Henry VII, Jeanne D'Arc, the Pied Piper, Attila the Hun, and Catherine the Great. Join us on SUNDAY, MAY 1 at 11:30 am in Annex Room 2.



On the same date and at the same time in Annex Room 3, Trippers will meet. Mark McMahon will present his ideas for transporting Unitics across the border for a day of shopping in Nogales. Have your passports ready.

Right after the Trippers meeting and Ed's lecture, come back to Classroom 1 which is off Harmony Hall for a relaxing and healing time at Energy Circle. Reiki, Healing Touch and other modalities are offered.

Heidi Harralson will be the IONS speaker on FRIDAY, MAY 6 at 6:30 pm. Her topic is, *Balancing the Brain Using Handwriting Techniques*. Neurological research shows that handwriting supports cognition, memory, and brain development in both children and adults. We will explore simple writing activities that you can use to improve right and left

brain communication and integration. Bring paper and pen. \$5.

The Second SUNDAY, MAY 8, is Mothers' Day. What better time for a shared meal, with something in honor or remembrance of her. IMPORTANT: Sign up at the Unitics table so we know how many are coming. Also on that day is the So. AZ Authors series with Author Miriam Ruth Black who will chat about *Turtle Season*, a story of a new widow at midlife seeking an independent future and her authentic self.

How can you do both? Easy, get a plate of food and head over to Annex Room 3 to eat and listen to Miriam.

TIES has its last speaker, THURSDAY, MAY 12, before the summer break. Beth Peterson learned two vital lessons from her NDE (Near Death Experience) – survival and purpose.

Reiki Circle, held on the second Friday of the month, has moved to Carla Perez's house, beginning FRIDAY, MAY 13, 6 - 7:30 pm. The class will be limited to 10. Call for directions 245.3763 or email: worthy.you@gmail.com. There will be a potluck following, so bring something to share. \$10 for the class.

The third SUNDAY, MAY 15, 12:30 pm the Energy Circle meets again in Classroom 1 off Harmony Hall. This gives us four opportunities a month to experience this wonderful Energy. On the first and third Sundays we have Energy Circle. On the second Friday we have Reiki Circle now at Carla's house. On the fourth Friday we have IONS Universal Energy Circle that meets at 7 pm in Harmony Hall.



Now 13 promises of \$1000 - 7 to go!

THIS 'OPPORTUNITY' ISN'T OFTEN shared in this fashion, but if we could find about 20 people who could, within wisdom, give an *extra* \$500 or \$1000 we could purchase a small

John Deere (or similar) Tractor with attachments that would allow us to do a multitude of things in-house. If this would be something that would be within the wisdom category for you please let Larry know at 577.3300 or unity@unitytucson.com. If/when the number 18 is reached, you will then be contacted and you can fulfill your willingness with a check, credit card or cash. We are always moving sand, digging holes, grading the service entrance...yes, it would be very handy.

BEARS IN THE CHAIRS

STARTING ON MOTHER'S DAY, MAY 8, Unity of



Tucson welcomes cute, and huggable smaller *new* stuffed animals into our Sanctuary, a yearly tradition ever since 2002. These cute and cuddly critters anticipate being hugged by the person occupying the particular seat they share.

After the *Christmas in July Service*, we pack up and donate them to community organizations in the Tucson area. Please call the office, 577.3300, for more information or if you know of any organizations that would love to receive them.

MONTHLY AFFIRMATIONS ~ from *Silent Unity*, MAY, 2016

Centered in Spirit, I am peaceful and serene.

Centered in Spirit Its Light illumines my thoughts, words, and actions.

Centered in Spirit I know Wholeness is the Truth of my being.

Centered in Spirit I know God is my source and I am abundantly prospered

Centered in Spirit, I radiate peace to all life.

UNITY OF TUCSON
3617 N CAMINO BLANCO
TUCSON AZ 85718-7239

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CD'S OF OUR SUNDAY SERVICE
are available through our bookstore or office for \$5.
Each CD contains the Sunday Service. The *Lesson
only* is available on our web page, unitytucson.com.

LARRY AND MARY ELLEN ARE AVAILABLE
should you have a question or want someone to talk to
577.3300 or unity@unitytucson.com

NOTARY PUBLIC...IF YOU ever require a notary
public, **Mary Ellen Swartz** is happy to assist you.
Remember, documents must be unsigned prior to
being notarized.

Please call to make an appointment. **577.3300**.

New email...unity@unitytucson.com

EXPANDING HORIZONS is published monthly at: Unity of Tucson
3617 N Camino Blanco, Tucson AZ 85718-7239. 577.3300, Fax: 577.3721,
Prayer Ministry: 577.1460, Dial-A-Prayer: 577.1664.

www.unitytucson.com, e-mail: unity@unitytucson.com

OFFICE HOURS: Monday-Friday: 8:00 am-4:30 pm

Sundays: 8:30 am-12:30 pm. All submissions must be a MS
Word attachment received no later than the 15th of the month
prior, and are encouraged to be succinct and subject to editing.
WITH YOUR SMARTPHONE (iPhone/Droid, etc.) scan the
icon and be taken directly to Unity of Tucson's Web page.



A NEW SELECTION OF SOLERI BELLS

DISPLAYED IN THE BOOKSTORE, is available to
be purchased and taken, or can be
purchased in memory of a person
or event, the bell then placed along
the high wall of the Sanctuary. A re-
cord of memorial bells is found on
the north porch.



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May 2016

UNITY OF TUCSON ~ 3617 N CAMINO BLANCO ~ TUCSON AZ 85718-7239 ~ 577.3300
 PLEASE REMEMBER...CHANGES OCCUR AFTER PRINTING OF EXPANDING HORIZONS...KEEP UP TO DATE: SUNDAY BULLETIN...UNITYTUCSON.COM...ALWAYS UP TO DATE!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																						
<p>9 am: Adult Sunday School, Annex Rm 4 10 am: SERVICE Youth Education, Annex Rms 1, 2, 3 11 am: New Art, Foyer 11 am: Youth Bake Sale, Harmony Hall 11:30 am: Ed Savard Lecture, Annex Rm 2 11:30 am: Trippers Meeting, Annex Rm 3 11:30 am: Unitics Games, Annex Rm 4 12:30 pm: Energy Circle, School Rm 1 off Harmony Hall.</p> <p>Timothy Streett</p>	<p>2</p> <p>Holly Egan, Bliss Nash</p>	<p>11:15 am: Yoga, Annex Rm 4 6 pm: A Course In Miracles Annex Rm 1</p> <p>3</p>	<p>10 am: Silent Unity Prayer Service, Prayer Rm 10:30 am: Book Study Prayer Rm 6 pm: A Course In Miracles, Urtext Version, Annex Rm 1 6:30 pm: Family Constellations, Annex Room 3</p> <p>Matt Ruhl</p>	<p>5 pm: Way of Mastery, Annex Rm 3 6 pm: Yoga, Annex Rm 4</p> <p>5</p>	<p>6:30 pm: IONS Institute of Noetic Sciences, Guest Speaker, Heidi Harralson Sanctuary</p> <p>Danielle Barr, Rob Campbell</p>	<p>7</p> <p>Eva Lewis</p>																																																																						
<p>9 am: Adult Sunday School, Annex Rm 4 10 am: SERVICE Youth Education, Annex Rms 1, 2, 3 11am: Mother's Day Shared Meal, Harmony Hall 11:30 am: Unitics Games, Annex Rm 4 6:30 pm: IONS Book Group, Annex Rm 3</p> <p>MOTHER'S DAY BEARS IN THE CHAIRS</p>	<p>10 am: Gentle Restorative Yoga Annex Rm. 4</p> <p>Dewane Hopson</p>	<p>11:15 am: Yoga, Annex Rm 4 6 pm: A Course In Miracles Annex Rm 1 7 pm: Psychic Explorers, Annex Rm 3</p> <p>10</p>	<p>10 am: Silent Unity Prayer Service, Prayer Rm 10:30 am: Book Study Prayer Rm 6 pm: A Course In Miracles, Urtext Version, Annex Rm 1</p>	<p>5 pm: Way of Mastery, Annex Rm 3 6 pm: Yoga, Annex Rm 4 6:30 pm: TIES, Speaker, Beth Peterson, International Association of Near Death Studies, Sanctuary</p>		<p>14</p>																																																																						
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