



THANKSGIVING AND THANKSLIVING

HAVE YOU EVER WISHED to know if there was just ONE thing that you could do to make your life work better? Ever wondered if there was one thing that would help you heal from the disappointments and regrets of the past? In a word, the answer is gratitude. Surely an attitude of gratitude opens our minds and hearts to deeper spiritual awareness. It is gratitude that will shine a light upon the shadows of the past. It is gratitude that will replace our “don’t have” thoughts with “abundance” thoughts. It is gratitude that will allow us to see the “glass half full” and rejoice in what has been provided. No wonder Jesus taught to give thanks first when we pray. It is through gratitude that we know that the answer has already been given and puts us in tune with it.

Pam Grout author of *Thank & Grow Rich*, is correct when she says that abundance, love, and peace are always available for the taking but we have to get on the right frequency. She says it’s not thinking that calls in miracles – it’s thanking. When we’re on the frequency of gratitude and joy, the universe is free to line things up, work things out.

“When we don’t stop daily to inventory all the gazillion things going right in our lives, the crazy voices in our heads... start jabbering, telling us that life sucks, that we suck. They’re like the ticker crawl at the bottom of a news broadcast, running continuously in a nonstop loop. As long as we keep tuning in to these voices, we fail to notice

the incredible gift we’ve been given: to be here on planet Earth, to have this day, to enjoy this cosmic adventure.”

That which will unblock the flow of our desired good is something as simple as the practice of giving thanks. We often refer to this as living with an attitude of gratitude which means knowing we are one with our Source, knowing the thoughts we think and the words that we speak, and also our day to day attitude toward life is what keeps our flow open.

It is not by accident that Thanksgiving opens the holiday season. Let us begin our preparations by first giving ourselves the gift of gratitude. It may well be the best gift we have ever given or received.



PLANNING AHEAD...

EVERY year the International New Thought Alliance (INTA) has a yearly Congress (Conference) typically in July, and for the past few years it has been in north Phoenix in Paradise Valley at the Embassy Suites hotel. 2017 is no exception. From Tuesday evening, July 18th through Saturday noon, July 22nd we are again scheduled. The theme for this year is Manifesting Your Empowered World.

Larry is the current president and this is his last year in that position, serving now for soon to be three years. Scheduled speakers are a Who’s Who of New Thought including speakers from all the schools...Divine Science, Center for Spiritual Living,

Unity, Universal Foundation for Better Living, Johnnie Coleman Theological Seminary and more.

The hotel rates have held for us for many years and will probably again be less than \$90 a night. At the Embassy Suites this includes a made to order full breakfast plus a happy hour each afternoon. Shopping and restaurants are close.

More specific information will be available early next year, but the purpose of this sharing is to provide advance information for planning, should one wish to take advantage of this opportunity right here in our back yard. The INTA’s web site, www.newthoughtalliance.org will have posted information soon.

UNITICS ADVENTURES

& OTHER ACTIVITIES

NOVEMBER — 2016

For more information call 488.8284 or

email: mollyhnelson@gmail.com

Molly Nelson, Unitics Coordinator

IS SUMMER OVER YET? The Fall brings us lovely weather and the start of a new series by Ed Savard.

He will present a series on the origins of the major religions. The series, *God and Mankind*, will be presented at 11:30 am in Annex Room 3 on SUNDAYS: NOVEMBER 6 – *The Origins of Judaism*, skip DECEMBER, JANUARY 22 – *The Origins of Christianity*, FEBRUARY 5 – *the Origins of Islam*, and MARCH 5 – *the Origins of Buddhism*.



The following FRIDAY, NOVEMBER 11, Christine (Tanya) Fleisher will discuss her journey to managing Bipolar and compulsive overeating. The meeting will be from 6:30 – 8 pm in Annex Room 3. If you have or know someone with these conditions, there will be time for discussion and sharing. RSVP to 260.3479.

SUNDAY NOVEMBER 13 is our Fall Book Fair. Our own Unity authors plus those from Tucson and beyond will be there to sign books, discuss them, and offer discounts. Good time to Christmas shop.

We are showing the profound movie, *The Secret of the Keyes* on SUNDAY, NOVEMBER 20, which is about learning to live joyfully while handling devastating news. This is a “must see” to teach how to survive these difficult times.

As in the past, we will have a Thanksgiving Shared Meal at 2 pm in Harmony Hall on THURSDAY, NOVEMBER 24. The Church furnishes the turkey and you bring the rest. Be sure to sign up so we'll know how many turkeys to get.

If you love to sing, join us on THURSDAYS from 7 to 8:30 pm for a singing group. It's good if you can sing on key, but not necessary. You are there because you love to sing. We meet in Annex Room 1.

From time to time I'm asked if there is someone in Unity who sells cars, or real estate, or cleans houses or is a counselor, etc. I don't know who does what so I would like to put together a directory of services you perform. A form to fill out is on the Unitics table or can be sent by email.

COMING IN DECEMBER...

PRODUCTS & SERVICES

SUNDAY

DECEMBER 4, after service in Harmony Hall THIS IS A TIME for sharing your talents, products and services within the Unity family...you are free to sell, barter or trade...make appointments or conduct business and/or PR. The only requirement would be that such be done with integrity and appropriateness that would positively reflect this ministry. PLEASE, NO MLM. Table prices: Full table \$30, Half table \$15.

RESERVATIONS ARE REQUIRED ~ Please call the office 577.3300 so your name or company name will be randomly assigned space. Electrical outlets are available throughout Harmony Hall. Please bring your own extension cord, if applicable. Also, you may want to bring your own table covering to make your display more attractive. (Set up: 9 - 9:45 am.)



UNITY SINGERS...

Choir practice for our Christmas Eve Service starts Sunday, November 20 at 11:15 am, Annex Room 1. Everyone who enjoys singing is welcome.

Everything happening
Christmas Eve at Unity is...
SPECIAL ~ UPLIFTING

BEAUTIFUL ~ COMFORTING
WONDERFUL ~ PEACEFUL



CHRISTMAS EVE CANDLELIGHT/DISCIPLE
SERVICE ~ 6 pm ~ Sanctuary



CHRISTMAS DECORATING

SATURDAY, DECEMBER 10
9 am until 1 pm

All volunteers (Angels) are welcome to
magnificently decorate our Sanctuary
Foyer and Entrance ways.



Please contact our Volunteer Coordinator, Jackie Fortier, 481.0847 or email: jacks7@hotmail.com



Dear Unity Family:

Thank you for understanding that Unity of Tucson's expenses continue even if you are not in Church to place your gift in the offering bag. Thank you, as well, for realizing that our expenses continue to rise as vendors raise their prices and we do not have that luxury. We depend on the generosity and wisdom of our congregation.

MONTHLY AFFIRMATIONS ~ from *Silent Unity*, NOVEMBER, 2016

I focus on peace...it is my breath, and serenity is the beat of my heart.

I focus on wisdom...it foods my mind with wonderful awareness and insight.

I focus on wellness...it enlivens and restores every cell in my body.

I focus on abundance...I am thankful for my instant access to divine supply.

I focus on the world...I behold the Christ in all people and envision peace everywhere.

UNITY OF TUCSON
3617 N CAMINO BLANCO
TUCSON AZ 85718-7239

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ADDRESS SERVICE REQUESTED

Sent with blessings to...



CD'S OF OUR SUNDAY SERVICE
are available through our bookstore or office for \$5.
Each CD contains the Sunday Service. The *Lesson
only* is available on our web page, unitytucson.com.

LARRY AND MARY ELLEN ARE AVAILABLE
should you have a question or want someone to talk to
577.3300 or unity@unitytucson.com

NOTARY PUBLIC...IF YOU ever require a notary
public, **Mary Ellen Swartz** is happy to assist you.
Remember, documents must be unsigned prior to
being notarized.

Please call to make an appointment. **577.3300.**

email...unity@unitytucson.com

EXPANDING HORIZONS is published monthly at: Unity of Tucson
3617 N Camino Blanco, Tucson AZ 85718-7239. 577.3300, Fax: 577.3721,
Prayer Ministry: 577.1460, Dial-A-Prayer: 577.1664.

www.unitytucson.com, e-mail: unity@unitytucson.com

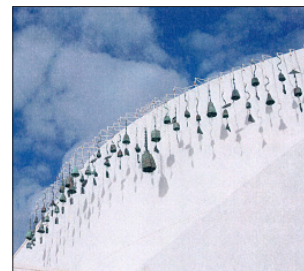
OFFICE HOURS: Monday-Friday: 8:00 am-4:30 pm

Sundays: 8:30 am-12:30 pm. All submissions must be a MS
Word attachment received no later than the 15th of the month
prior, and are encouraged to be succinct and subject to editing.
WITH YOUR SMARTPHONE (iPhone/Droid, etc.) scan the
icon and be taken directly to Unity of Tucson's Web page.



A NEW SELECTION OF SOLERI BELLS

DISPLAYED IN THE BOOK-
STORE, is available to be
purchased and taken, or can
be purchased in memory of
a person or event, the bell
then placed along the high
wall of the Sanctuary. A re-
cord of memorial bells is found on the north porch.



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This relationship now offers the opportunity of going
to Amazon from www.unitytucson.com and clicking
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you directly to the Amazon home page. If you choose
to make any purchases, Unity of Tucson will now
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NOVEMBER 2016

UNITY OF TUCSON ~ 3617 N CAMINO BLANCO ~ TUCSON AZ 85718-7239 ~ 577.3300

PLEASE REMEMBER...CHANGES OCCUR AFTER PRINTING OF EXPANDING HORIZONS...KEEP UP TO DATE: SUNDAY BULLETIN...UNITYTUCSON.COM...ALWAYS UP TO DATE!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																			
<p>BIRTHDAYS ARE IN <i>italics</i> Remember to bless this Unity congregant on their special day. If your birthday is not here please call and give us your date.</p> 	OCTOBER 2016							<p>1</p>	<p>2</p> <p>10 am: Silent Unity Prayer Service, Prayer Rm</p> <p>10:30 am: Book Study, Prayer Rm</p> <p>6 pm: A Course In Miracles, Urtext Version, Annex Rm 1</p>	<p>3*</p> <p>11:15 am: Yoga, Annex Rm 4, Call for appointment, 465.3209</p> <p>5 pm: Way of Mastery, Annex Rm 1</p> <p>6 pm: Yoga, Annex, Rm 4 Call for appointment, 465.3209</p> <p><i>Marcia Ashton</i></p>	<p>4</p> <p>6:30 pm: IONS Institute of Noetic Sciences, Guest Speaker: Dr. John Fitch, Sanctuary</p>	<p>5</p>																													
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<p>6</p> <p>Fall Spiritual Renewal - Week 6 ELIMINATION - LIFE Colors: Russet - Red 9 am: Adult Sunday School, Annex Rm 4 10 am: SERVICE Youth Education Annex Rms 1, 2, 3 11 am: New Art, Foyer 11 am: Dessert, Harmony Hall 11:30 am: Ed Savard Lecture, Annex Rm 3. <i>HERUDKPNLDYGDOR</i> <i>WHQDRPH</i></p>	<p>7</p> <p>(UQH VWLQDDUOLQJ) HDQH5RWKPDQ <i>Najah Swartz</i></p>	<p>8</p> <p>11:15 am: Yoga, Annex Rm 4 Call for appointment, 465.3209</p> <p>6 pm: A Course in Miracles, Annex Rm 1</p> <p>7 pm: Psychic Explorers, Annex Rm 3</p>	<p>9</p> <p>10 am: Silent Unity Prayer Service, Prayer Rm</p> <p>10:30 am: Book Study, Prayer Rm</p> <p>6 pm: A Course In Miracles, Urtext Version, Annex Rm 1</p> <p><i>Dee Hanon</i> <i>Deblen Oke-Sawyer</i></p>	<p>10*</p> <p>11:15 am: Yoga, Annex Rm 4, Call for appointment, 465.3209</p> <p>5 pm: Way of Mastery, Annex Rm 1</p> <p>6 pm: Yoga, Annex, Rm 4 Call for appointment, 465.3209</p> <p>6:30 pm: Tucson International Association of Near Death Studies, Frederick Delarue, Guest Speaker, Sanctuary</p> <p><i>DMFOH</i></p>	<p>11</p> <p>6:30 pm: ODQDJLQJ LSRODUDQG&RPSXOVLYH 2YHUHDWWD Christine (Tanya) Fleisher, RSVP 260.3479</p>	<p>12</p> <p><i>Laura Dahl, Lynn Riley</i></p>																																			
<p>9 am: Adult Sunday School, Annex Rm 4 10 am: SERVICE Youth Education Annex Rms 1, 2, 3 11 am: Unity Book Fair, Harmony Hall. 11:30 am: Unitics Games, Annex Rm 4 6:30 pm: IONS Book Group, Annex Rm 3</p> <p>13</p>	<p>14</p>	<p>15</p> <p>11:15 am: Yoga, Annex Rm 4 Call for appointment, 465.3209</p> <p>6 pm: A Course in Miracles, Annex Rm 1</p> <p><i>Maria Nahmias</i> <i>-DRWUV</i></p>	<p>16</p> <p>10 am: Silent Unity Prayer Service, Prayer Rm</p> <p>10:30 am: Book Study, Prayer Rm</p> <p>6 pm: A Course In Miracles, Urtext Version, Annex Rm 1</p> <p><i>Don Hammond</i> <i>Lana Sanders</i></p>	<p>17*</p> <p>11:15 am: Yoga, Annex Rm 4, Call for appointment, 465.3209</p> <p>5 pm: Way of Mastery, Annex Rm 1</p> <p>6 pm: Yoga, Annex Rm 4 Call for appointment, 465.3209</p> <p>6:30 pm: Tucson International Association of Near Death Studies, Harmony Hall</p> <p><i>Don Hammond</i> <i>Lana Sanders</i></p>	<p>18</p> <p><i>R#U#R#W</i></p>	<p>19</p>																																			
<p>9 am: Adult Sunday School Annex Rm 4 10 am: SERVICE Youth Education, Annex Rms 1, 2, 3 11:15 am, Unity Singers, Annex Rm 1 11:30 am, Movie, <i>The Secret of the Keys</i>, Annex Rm 4</p> <p>20</p>	<p>21</p>	<p>22</p> <p>11:15 am: Yoga, Annex Rm 4 Call for appointment, 465.3209</p> <p>6 pm: A Course in Miracles, Annex Rm 1</p>	<p>23</p> <p>10 am: Silent Unity Prayer Service, Prayer Rm</p> <p>10:30 am: Book Study, Prayer Rm</p> <p>6 pm: A Course In Miracles, Urtext Version, Annex Rm 1</p> <p><i>Diane Cross, Sue Rumsey</i></p>	<p>24</p> <p>HAPPY THANKSGIVING OFFICE BOOKSTORE CLOSED 2 pm DINNER HARMONY HALL <i>Shiri Pollack</i></p>	<p>25</p> <p>7 pm: IONS Institute of Noetic Sciences Energy Circle, Harmony Hall</p>	<p>26</p> <p><i>-DFXLDUU</i></p>																																			
<p>9 am: Adult Sunday School Annex Rm 4 10 am: SERVICE Youth Education, Annex Rms 1, 2, 3 11:15 am, Unity Singers, Annex Rm 1 11:30 am: Unitics Games Annex Rm 4 6:30 pm: IONS Book Group, Annex Rm 3</p> <p>27</p>	<p>28</p> <p><i>DPPLHDLMDUF</i> <i>Mary Kelley</i></p>	<p>29</p> <p>11:15 am: Yoga, Annex Rm 4 Call for appointment, 465.3209</p> <p>6 pm: A Course in Miracles, Annex Rm 1</p>	<p>30</p> <p>10 am: Silent Unity Prayer Service, Prayer Rm</p> <p>10:30 am: Book Study, Prayer Rm</p> <p>6 pm: A Course In Miracles, Urtext Version, Annex Rm 1</p>	<p>Unitic Events: Contact Molly Nelson, 488.8284 or mollyhnelson@gmail.com for more information</p>	<p>ON THURSDAYS... Except for Thanksgiving... All who enjoy singing are welcome to join in a 6LQJLQJURXS 7 pm in Annex Room 1.</p>	<p>DECEMBER 2016</p> <table border="1"> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> </tr> </table>					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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